



CENTURY CLUB BANGALORE

Health Centre & Gym Sub-Committee
Presents

INDEPENDENCE DAY WALKATHON

Friday, 15th August 2025

- 6:30 am - 7:30 am : Registration
- 7:30 am - 7:50 am : Warm up session
- 7:50 am - 8:30 am : Walkathon
- 8:30 am - 9:00 am : Flag Hoisting
(in front of the Portico)
- 9:00 am - 11:00 am : Breakfast with Live Music

Breakfast coupons to be collected at the time of registration,
FIRST 100 REGISTRATION WILL GET FREE T-SHIRT.

T- shirts Sponsored by: E. G. Jaideep

Music sponsored by : Anand Govindaswamy Naidu



SUBUDU
FLUTE



AAJE HOLLA
KEYBOARD



RAGHUNATH
TABLA

C. N. Guruprasanna
President

Anand Govindswamy Naidu
Chairman - Health Centre and Gym

Abishek Bogaram Arun Kumar
Hon. Secretary



CENTURY CLUB
Bangalore

Health Centre & Gym Sub-committee
Presents

Walk for Freedom, Walk for Health



Health & Fitness Camp

Time - 6.30- 9:30 AM

Venue : Century Club, 15th August



Vitals Check

ECG

Lung Function Test (PFT)

Bone Strength Test (BMD)

Cardiology Consultation



**Health check-up organized
by:**



Foot Health Assessment

For Appointment

9972777111

C. N. Guruprasanna
President

Anand Govindswamy Naidu
Chairman – Health Centre & Gym

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Hon. Secretary